Jenna Denomme Fresh Check Day September 27, 2019 September 28, 2019

There were multiple panels at this event which discussed mental health resources on campus, how to tell if someone might be at risk of committing suicide, and ways you can help. It helped me feel better prepared to be an active citizen of the Wheaton community. I also got to write a short Thank You note for the local firefighters, which made me feel more connected to the local community.